

DRIVE IN AN ENVIRONMENTALLY FRIENDLY AND ECONOMICAL MANNER. AVOID IDLING AND EASE YOUR FOOT OFF THE ACCELERATOR.



ALWAYS KEEP YOUR VEHICLE IN GOOD ORDER.

REMEMBER TO ADJUST MIRRORS AND ENSURE THAT THE VEHICLE COMPLIES WITH THE STATUTORY REQUIREMENTS FOR BRAKES, LIGHTS, TYRES, ETC.

YOU MUST ALWAYS COMPLY WITH THE APPLICABLE LEGISLATION / TRAFFIC REGULATIONS. REMEMBER THAT THE BLUE COLOUR OBLIGATES YOU - SO BE A TRAFFIC **ROLE MODEL**



DANSKE FRAGTMÆND'S TRAFFIC SAFETY ROADMAP

YOU MUST SHOW **CONSIDERATION** AND DRIVE RESPONSIBLY IN TRAFFIC. MAKE ROOM FOR OTHER ROAD USERS AND COLLEAGUES.

PAY SPECIAL ATTENTION WHEN MAKING **RIGHT TURNS** WATCH OUT FOR VULNERABLE ROAD USERS.



AVOID **STRESS AND FATIGUE**

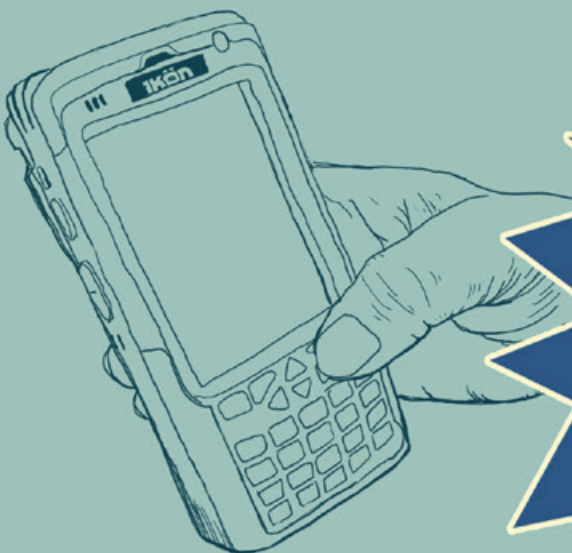
BY HEALTHY EATING AND BEING WELL RESTED.



WEAR A SEAT BELT AT ALL TIMES. THINK OF YOUR FAMILY.



DO NOT LOOK AT EMAILS, TEXT MESSAGES OR YOUR PDA WHILE DRIVING.



TALK ON YOUR PHONE AS LITTLE AS POSSIBLE WHILE DRIVING AND NEVER USE A HANDHELD MOBILE

NEVER CONSUME ALCOHOL IN DANSKE FRAGTMÆND'S VEHICLES OR WHILE WEARING DANSKE FRAGTMÆND'S WORKWEAR. DRIVING WHILE UNDER THE INFLUENCE OF STRONG DRINK, DRUGS OR MEDICINE IS NOT PERMITTED UNDER ANY CIRCUMSTANCES.

